



Utah State Division of Substance Abuse and Mental Health

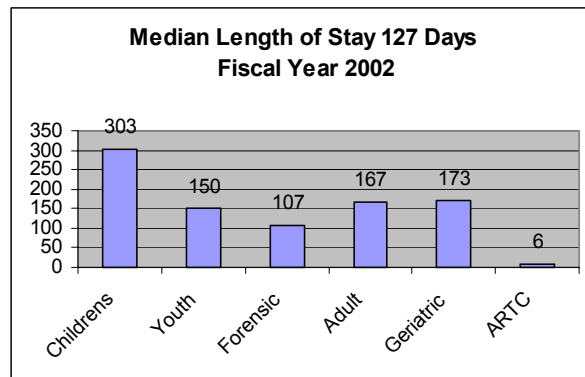
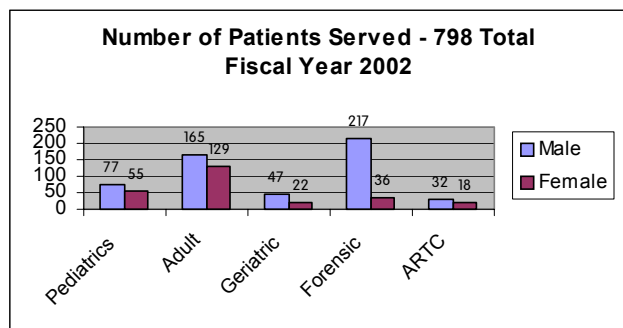
Utah State Hospital FY2002 Fact Sheet

The Utah State Hospital (USH) is a 24-hour inpatient psychiatric facility located on East Center Street in Provo, Utah. The hospital serves people who experience severe and persistent mental illness (SPMI). The hospital provides active psychiatric treatment services for 328 patients. The USH serves all age groups and covers all geographic areas of the state. The USH works with 10 mental health centers as part of their continuum of care. All adult and pediatric beds are allocated to the mental health centers based on population.

The Utah State Hospital is Joint Commission accredited and HCFA certified. There are 21 buildings with approximately 444,000 square feet of space. The hospital campus covers over 300 acres of property.

Major Client Groups at the Utah State Hospital:

- Adult patients over 18 who have severe mental disorders (civil commitment)
- Children and youth (ages 6-18) who require intensive inpatient treatment
- Persons adjudicated and found guilty and mentally ill
- Persons adjudicated and found not guilty by reason of insanity
- Persons found incompetent to proceed
- Persons who require a competency, Guilty and Mentally Ill, Diminished capacity evaluations
- Persons in the custody of the Utah Department of Corrections with mental disorders



Programs:

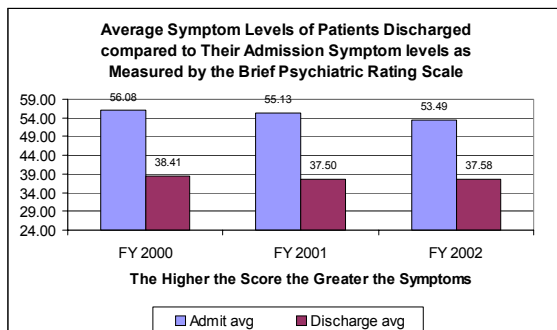
- Childrens Unit (Ages 6-12) 22 beds
- Adolescent Unit (Ages 13-17) 50 beds
- Adult Services (Ages 18 and above) 152 beds
- Adult Recovery Treatment Center (Ages 18+) 5 beds
- Geriatrics (Ages 60 and above) 30 beds
- Forensic Unit (Ages 18 and above) 74 beds

Types of Disorders Treated:

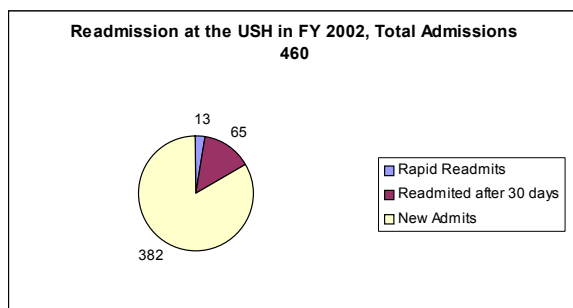
- PSYCHOTIC DISORDERS (schizophrenia, delusional disorder) - 56%
- MOOD DISORDERS (major depression, bipolar disorder, dysthymia) - 23%
- CHILDHOOD DISORDERS (autism, attention deficit disorder, conduct disorder, separation anxiety, attachment disorder) 7%
- ORGANIC DISORDERS (Dementia, Alzheimer's Disease, organic brain syndrome) - 5%
- OTHER - 8%
- PERSONALITY DISORDERS (borderline, antisocial, paranoid, narcissistic) - treated at the hospital, sometimes a secondary diagnosis. - 1%

Services Provided:

Psychiatry Services, 24 hour nursing care, Psychological Services, Social Work Services, Occupational Therapy, Vocational Rehabilitation, Physical Therapy, Recreation Therapy, Substance Abuse/Mental Health Program (Sunrise), Dietetic Services, Medical/Ancillary Services, Adult Education, Oak Springs School (Provo School District). The Utah State Hospital is also actively involved in research programs to improve patient care, approved through the Department of Human Services Institutional Review Board.



The Brief Psychiatric Rating Scale (BPRS) is a clinical measurement of patient symptoms. Decreased score shows improvement. These scores demonstrate significant improvement from admission to discharge.



Out of 460 admissions in 2002, only 13 were readmitted to the hospital within 30 days. 65 had been admitted to the state hospital previously and 382 were new clients to the hospital.

The Adult Recovery Treatment Center (ARTC):

The Adult Recovery Treatment Center provides the contracted inpatient services for four rural mental health centers. These centers lost their contract with IHC and the state hospital has filled the gap by providing inpatient beds. \$570,000 is required to cover the costs of staff to provide this additional service and to support nursing services hospital wide. USH is requesting authorization to expend these dollars in FY 03 and FY 04 ongoing.

Budget Cuts - FY 02 - FY 03:

The Utah State Hospital's budget was cut by \$ 3,058,200. This resulted in reduction of 30 geriatric beds and 26 forensic beds. Funding has not been authorized to restore the beds and operate them at the level identified by statute (212 beds).

Emerging Issues:

- Lack of psychiatric inpatient beds in Utah is a growing problem. Facilities continue to close down beds which raises the issue of the state's role in providing primary care inpatient beds.
- Reintegration of patients/residents back into the community. The Olmstead decision is being applied to institutions in Utah.
- Pressure to increase forensic beds at the state hospital to serve the mentally ill with criminal charges. Utah needs to address the issue of the criminalization of the mentally ill.
- A nursing shortage is worsening in Utah. There are recruitment issues with professional staff, especially with RN's and psychiatrists.
- Treatment of the dually diagnosed requires further developing. This includes mentally ill individuals who have substance abuse or mental retardation.
- USH will open the Rampton II Building to house youth, adults, and geriatric services. Appropriate funding to staff the youth programs is critical.

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